



PRODUCTS

Herbal Tinctures (100ml).....	R180
Crystal Essences (30ml).....	R180
Crystal Essences Roll-on (10ml).....	R180

ENERGY HEALING

Kinesiopractic (ICPKP).....	30 min: R200 • 60 min: R320 • 90 min: R460
Reiki (Traditional Usui Style).....	30 min: R200 • 60 min: R320 • 90 min: R460
Aura Healing & Chakra Balance.....	30 min: R200 • 60 min: R320 • 90 min: R460
Polarity Therapy.....	30 min: R200 • 60 min: R320 • 90 min: R460
Energetic Recalibration (ER).....	30 min: R200 • 60 min: R320
Tachyon Attunement.....	60 min: R320 • 90 min: R460
Past Life Regression.....	90 min: R600 • 120 min: R800
Auricular Acupuncture (Ear).....	30 min: R280

BODY WORK

Kinesiopractic (ICPKP).....	30 min: R200 • 60 min: R320 • 90 min: R460
Shiatsu (Namikoshi Style).....	30 min: R200 • 60 min: R320 • 90 min: R460
Holistic Massage.....	30 min: R200 • 60 min: R320 • 90 min: R460
Hara Massage / Abdominal Massage.....	60 min: R320
Dry Needling.....	30 min: R220 • 60 min: R340
Kinesio-Taping.....	30 min: R220
Inversion.....	15 min: R100 • 30 min: R200

READINGS / COACHING / TRAINING

Soul Plan Reading + Grace Clearing and Soul Realignment.....	90 min: R1200
Reiki Training.....	Level 1: R2100 • Level 2: R2100 • Master Level: R5400
Breath-work & Qi Gong.....	30 min: R200 • 60 min: R320 • 90 min: R460
Holistic Health Coaching.....	30 min: R200 • 60 min: R320 • 90 min: R460
Tachyon Dowsing & Consultation.....	30 min: R200 • 60 min: R320

COMBOS

Energy- / Body Work.....	60 min: R320 • 90 min: R460 • 120 min: R600
Energy- / Body Work with Needling / Taping.....	60 min: R340 • 90 min: R480 • 120 min: R620

LAND, HOME AND OFFICE

Energetic Space Clearing.....	R320/hour (excl. travel)
Geopathic Stress Release.....	R320/hour (excl. travel & Tachyon Products)

CANCELLATIONS & NON-ARRIVALS

A cancellation fee equal to half of the scheduled appointment will be payable for any appointments cancelled less than 48 hours in advance. The full amount of a scheduled appointment is payable if the appointment is cancelled less than 24 hours in advance or if a client fails to arrive for a scheduled appointment.

DISTANCE/REMOTE HEALING

Remote healing can be done via Skype/Zoom. Remote healing prices: 30 min: R420 • 60 min: R560 • 90 min: R700.

To make an appointment contact: Markus 072 952 3630 / 023 230 0066

T/Dr Markus van der Westhuizen Dip. H SAH, TMP ANHA, Dip. TT DMS, Adv.Dip. PKP ICPKP

KINESIOPRACTIC

Kinesiology is a non-invasive treatment that evaluates and balances an individual's structural, chemical and mental health through a variety of therapeutic techniques, including nutritional, counselling, joint/muscle manipulation, acupressure, and exercise. Evaluations are done by manual muscle monitoring (muscle testing).

REIKI

Reiki is a non-invasive energy healing modality originating from Japan. Clients remain fully clothed and are covered with a blanket or a sheet. The treatment involves placing hands on the client and allowing the Universal Life energy to flow through to the client.

AURA HEALING & CHAKRA BALANCE

Aura Healing is a non-invasive energy healing modality. Etheric damage like tears, blockages and leaks are removed and the auric field, some of which may require limited, gentle touch. Chakra repair and balancing also form part of this healing protocol.

POLARITY THERAPY

Polarity Therapy combines Astrology, Ayurvedic medical concepts, Chinese medical concepts, Yogic philosophy, Chiropractic techniques, Osteopathic techniques and Naturopathic techniques. It was developed in the late 1950's by Dr. Randolph Stone.

ENERGETIC RECALIBRATION (ER)

Energetic Recalibration assists the body by energetically calibrating — clearing and resetting — the state of proprioceptor receptors in the body the spine and the rest of the skeletal system comes into proper alignment, releasing stress and pain, allowing the body to self heal naturally.

TACHYON ATTUNEMENT

Tachyon Illumination is a non-invasive energy healing modality. Tachyon tools are placed on and around the body to clear and energise the auric field. Tachyon tools are manufactured in Germany and energised in a zero-point machine. Learn more about Tachyons at www.orionis.co.za.

PAST LIFE REGRESSION

Hypnotherapy to accesses past life memories which are below the level of the conscious awareness, clearing

the unresolved conflicts from the past that have been distorting our mental, emotional and physical well-being.

SHIATSU

Shiatsu in Japanese means “finger pressure”; A treatment consists of finger, palm and elbow pressure, stretches, and other massage techniques, including meridian tracing and energy holds.

HARA MASSAGE ABDOMINAL MASSAGE

Hara massage focuses on massaging, stimulating and activating the abdominal organs and also working on deep muscles of the body through reflex points. This particular technique is good for lower back pain and also to support digestion.

DRY NEEDLING

Dry needling is an invasive procedure where an acupuncture needle is inserted into the skin and muscle. It is aimed at myofascial trigger points which are hyperirritable spots in skeletal muscle that are associated with a hypersensitive palpable nodule in a taut band. The result of dry needling is pain relief and restoration of healthy physiology.

KINESIO TAPING

Kinesio Tape alleviates discomfort and facilitates lymphatic drainage by microscopically lifting the skin. This lifting affect helps to decrease inflammation, reducing pressure while enabling a more effective flow of blood and lymphatic fluid in and out of the target area.

INVERSION

Inversion therapy is a form of spinal decompression and traction. It involves gentle stretches and twists while at an inverted angle. Clients are secured by the ankles on an inversion table specifically designed for this process.

SOUL PLAN READING

Your birth name has hidden within it your life's blueprint, the life's journey your soul intended. This plan brings with it a unique combination of challenges and talents that we must conquer and embrace to reach our soul destiny.

BREATH-WORK & QI GONG

A set basic Qi Gong exercises to remove blockages and energise the meridian system. The exercises are easy on the body and are safe to teach children and adults of all ages.

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